

ZAZARANA

Original choreography by Artemis Mourat

Augmented by Shibar

4 reps -Step-roll-up traveling forward – arms engaged

4 rep- Traveling back to center line utilizing hip shimmy

2 reps- sideways undulation traveling to the right

2 reps- sideways undulation traveling to the left

4 reps- sideways undulation in place

4 count bouncing hip circle clock wise, left hand on hip, right arm extended forward

3 ½ quick, small hip circles clock wise

4 count bouncing hip circle counter-clock wise, left hand on hip, right arm extended forward

3 ½ quick, small hip circles counter-clock wise

2 reps - Step-roll-down on left leg, left hand on hip, right hand in hair at nape of neck

2 reps - of hard single twist on left hip, arms out to the side slightly bent

2 reps - Step-roll-down on right leg, right hand on hip, left hand in hair at nape of neck

2 reps - of hard single twist on right hip, arms out to the side slightly bent

2 reps - sit-roll-up

4 reps - large hip thrusts to the left, left arm out, right arm up

2 reps - sit-roll-up

4 reps - large hip thrusts to the left, left arm out, right arm up while turning half circle

Repeat above 3 times only this time don't turn, stay facing audience

Finale-

4 reps -step-roll-up traveling forward – arms engaged

4 reps- traveling back to center line utilizing hip shimmy

Pose once

Pose again when music ends!